

Course Title:

IMPLICIT BIAS IN HEALTHCARE

Duration: 1 hour

Course Outline:

- 1. Introduction to Implicit Bias**
 - Definition of implicit and explicit bias
 - The unconscious nature of implicit bias
 - Prevalence in society and healthcare
- 2. The Impact of Implicit Bias on Patients**
 - Healthcare disparities in access, diagnosis, treatment, and outcomes
 - The role in patient-provider communication
 - Brief case study example
- 3. The Impact of Implicit Bias on Healthcare Workers**
 - Interactions among colleagues and team dynamics
 - Microaggressions: definition and examples
- 4. Strategies to Mitigate Implicit Bias**
 - Self-Awareness - Recognizing and acknowledging personal biases
 - Empathy and Perspective-Taking - Understanding patients' and colleagues' experiences
 - Mindfulness and Cognitive Interventions - Techniques to reduce bias activation
 - Cultural Competence and Humility - Cultivating an inclusive environment
- 5. Conclusion and Next Steps**
 - Importance of ongoing self-reflection and learning
 - Opportunities for further training and professional development
 - Encouraging open dialogue and feedback in the workplace

Course Assessment (10 items Quiz)